

YOUR P.A.T (Pre-Anesthesia Testing) APPOINTMENT

Most procedures will require a PAT (Pre-Anesthesia Testing) Appointment

- Exclusions Are Urgent/Emergent Procedures and Procedures Not Requiring Anesthesia
- You Will Be Contacted By The NHS Scheduling Department. They Will Give Your PAT Appointment Date & Time
- Your PAT Appointment May Be In-Person or Over The Phone

If your appointment is done via telephone please have your medication list readily available to provide to the PAT nurse when they call

DURING YOUR PAT APPOINTMENT

- A Nurse Will Obtain and Document Your Health History
- They Will Obtain Any Needed Labs, EKG, X-RAY etc...
- IHS patients will have their testing done through an IHS facility
- You Must Bring A Current Medication List With The Dosage and Frequency!
This includes any vitamins, OTC medications, temporary medications etc...

YOU MAY NEED TO HOLD CERTAIN MEDICATIONS PRIOR TO YOUR PROCEDURE

Common Medications That Your Surgeon/Anesthesia May Require To Be Held (Your Prescribing Doctor May Be Required To Provide Safe Hold Times for These Meds)

- Blood Thinners – may include, but not limited to: (Aspirin Products, Ibuprofen, Plavix, Eliquis, Brillinta, Xarelto, Warfarin, NSAIDS)
- Certain Diabetic Medications-may include, but not limited to:(Ozempic, Wegovy, Mounjaro)
- Miscellaneous Drugs/OTC Drugs- may include, but not limited to: Phentermine, Garlic, Fish Oil (omega-3), Vitamin E

Not Holding Certain Medications for The Required Period of Time May Result In Cancellation

DIRECTIONS FOR PROCEDURE DAY

1 Check In At The Main Entrance of The Hospital

2 First Floor Registration- Round Desk (will be registered and given an ID bracelet)

3 Outpatient Surgery Waiting Room Is Located on The 2nd Floor

IMPORTANT REMINDERS

- An adult driver will be required to bring you for your procedure. They must stay in the building through the procedure and take you home.
- It is highly recommended that a responsible adult be with you at home for at least the first 24 hours post procedure
- You will be given an arrival time the business day prior to your procedure. This arrival time will be a minimum of 1.5 hours prior to your procedure start time.
- Please anticipate being at the hospital for several hours. This includes: your registration process, pre-operative prep, procedure, and recovery time.
- You may be asked to take some of your medications the morning of the procedure (*Specific Heart and Blood Pressure Medications, Thyroid Medications, Seizure Medications*)
- All jewelry must be removed. Body and facial piercings will need to be removed prior to arrival.

- Females that are 12-50 years old will be required to have urine pregnancy test.
**Patients who have had a previous hysterectomy will be exempt*
- One visitor at a time is allowed in the OPS patient care area (*Minor patients may have two adult visitors in the OPS patient care area. Only one parent may go to the O.R. holding area and PACU*)
- For minor patients: A parent or legal guardian must be present to sign the patient's consents and paperwork. (Guardianship paperwork and/or foster care information is required prior to the procedure. If applicable, a judge may sign the consent. **Please notify your surgeon's office if this applies**)
- DNR status – if the patient desires intervention during the procedure if something were to happen must be revoked prior to surgery.