



## **\*PRIOR TO YOUR PROCEDURE DAY\***

- You will be scheduled for a Pre-Anesthesia Testing (PAT) appointment
- Procedures excluded from PAT appointments are:
  - Urgent/Emergent procedures and procedures not requiring anesthesia
- You will be contacted by NHS and be given your PAT appointment date & time
- Your PAT appointment may be an in-person visit or take place over the phone

## **DURING YOUR PAT APPOINTMENT**

- A nurse will obtain and document your health history
- *You must bring a current medication list with the dosage and frequency!*
- *If your appointment is done via telephone, you must have your medication list readily available to provide to the PAT nurse when they call!*
- The PAT nurse will obtain any needed testing: Labs, EKG, X-RAY, etc...
- IHS patients will have their testing done through an IHS facility
  - The surgeon's office will notify you with this information

## **\*YOU MAY NEED TO HOLD CERTAIN MEDICATIONS PRIOR TO YOUR PROCEDURE\***

Common medications that your surgeon/anesthesia **MAY** require to be held

### **BLOOD THINNERS**

- Aspirin Products
- Ibuprofen
- Plavix
- Eliquis
- Brillinta
- Xarelto
- Warfarin
- NSAIDs

### **CERTAIN DIABETIC MEDS**

- Ozempic
- Wegovy
- Mounjaro

### **OTC/VITAMINS/MISC**

- Garlic
- Fish Oil (Omega-3)
- Vitamin E
- Phentermine

***Your prescribing doctor may be required to provide safe hold times for these medications  
Not holding certain medications for the required period of time may result in cancellation***

**INFORMATION CONTINUED ON BACK** →



## \*DIRECTIONS FOR PROCEDURE DAY\*

**1** Check In At The Main Entrance of The Hospital

**2** First Floor Registration- Round Desk (will be registered and given an ID bracelet)

**3** Outpatient Surgery Waiting Room Is Located on The 2nd Floor

## IMPORTANT REMINDERS

- An adult driver will be required to bring you for your procedure. They must stay in the building through the procedure and take you home
- It is highly recommended that a responsible adult be with you at home for at least the first 24 hours post procedure
- You will be given an arrival time the business day prior to your procedure. This arrival time will be a minimum of 1.5 hours prior to your procedure start time
- Please anticipate being at the hospital for several hours. This includes: your registration process, pre-operative prep, procedure, and recovery time
- You may be asked to take some of your medications the morning of the procedure (*Specific Heart and Blood Pressure Medications, Thyroid Medications, Seizure Medications*)
- Females 12–50 years old will be required to provide a urine sample for a pregnancy test.  
\*Patients who have had a hysterectomy will be exempt
- One visitor at a time is allowed in the OPS patient care area
  - Minor patients may have two adult visitors in the OPS patient care area
  - Only one parent may go to the O.R. holding area and PACU
- For minor patients: A parent or legal guardian must be present to sign the patient's consents and paperwork.
  - Guardianship paperwork and/or foster care information is required prior to the procedure.
  - If applicable, a judge may sign the consent. Please notify your surgeon's office if this applies
- DNR status – if the patient desires intervention/resuscitation during the procedure the DNR must be revoked prior to surgery. Please discuss this with your surgeon.
- All jewelry must be removed. Body and facial piercings will need to be removed prior to arrival